



Using the Spiritual Assessment Tool to Create a Growth Plan

The Spiritual Assessment Tool is designed to gauge a person's progress in their walk with the Lord, especially in spiritual disciplines (prayer, Bible reading, fasting, giving, and serving), heart attitudes (beliefs about reality that affect our thoughts, feelings, and actions), and multiplication (making disciples).

The questions in each area (spiritual disciplines, heart attitudes, and multiplication) are designed to reveal areas of potential growth for our disciples.

If we can identify areas of potential growth, then we can help our disciples take steps to see four pillars of our Church realized in their lives:

1. Joyfully Treasuring (Christ) ("Greatest Commandment" Matthew 22:37-38)
2. Genuinely Loving (Each Other) ("Second Greatest Commandment" Matthew 22:39)
3. Actively Reaching (People in Our "Worlds" and Around the World with the Gospel) ("Great Commission" Matthew 28:16-20)
4. Passionately Equipping (The Saints for The Work of the Ministry) (Ephesians 4:11-13)

Once we identify areas of potential growth, we can create a Vision Plan ("This is the current reality for our disciple" (Point A), "this is our goal for them in 1 year" (Point B), and these are practical steps to get from (Point A) to (Point B).

Sample Vision Plan: (see next page)

Category	Current Reality	Practical STEPS	GOAL (1 year from now)
Spiritual disciplines	Reads Bible 1-2 times per week. Prays three times per week—inconsistent Church attendance. Rarely reflects on Spiritual things day-to-day. Knows they should do more but is often “Too Busy” for time with God.	<ol style="list-style-type: none"> 1) Begin Bible reading (15 min daily) + New Morning Mercies to aid busy days. OR, Begin John Study or Ephesians Study (at their own pace). 2) Write a daily bible verse from the text on a notecard to carry around and begin meditating on the Word. 3) Move toward membership or is already a member (Sunday School classes or Bible Studies). 4) Begin serving on the Hospitality Team 	They are motivated by PLEASURE to spend time in God's Word daily. Prays frequently: Adoring God, Confessing her Sin, Thanking Him, and for the needs of those around her. Is Memorizing her favorite passages of Scripture. Faithfully Serving in a biweekly role at Church.
Heart Attitudes	They Frequently feel anxious about the wellbeing of their Children. Desires the approval of their peers but feels like they must continually put up a façade to show that they are a competent parent. Struggles trusting God with the safety of their family.	<ol style="list-style-type: none"> 1) Go through the Attributes of God Study “Seeing His Splendor” 2) Teach her the heart Diagram (Reference Chad's Biblical counseling sermons) 3) Read an X-ray question each meeting. 	Trusting the Lord with the safety and security of her children. Finding satisfaction in God's approval of her in Christ.
Multiplication	Spends most of their free time with friends from Church. Doesn't have many friends that aren't Christians. Doesn't feel equipped to share the Gospel.	<ol style="list-style-type: none"> 1) Begin praying to meet other people in their neighborhood, exercise class, and on children's sports teams. (Prayer and effort towards 1-2 new relationships per week) 2) Ask a non-Christian friend a spiritual question each week in hopes of having a gospel conversation. 	Sharing their testimony and the gospel with new lost friends, beginning to disciple others and has a reservoir of lost friends that they are continually praying for and inviting into their life.

1. Make a List of what characterizes your disciple's Current spiritual Reality.
 - a. What are their current issues? Areas in need of growth?
2. Use our Four Pillars and "the Process for Multiplication Discipleship"(3 Phases) to envision and list Characteristics of your disciples future walk with the Lord.
 - a. List Goals for your disciple; envisioning them as a mature disciple, what would their life look like?
3. Brainstorm practical steps to help them get from their current spiritual reality to Phase 3, being a mature disciple.
 - a. Your list should comprise larger goals (ex: Complete the John Study) and smaller goals (ex: pray every day this week or build one new friendship).
 - b. If you need assistance, don't hesitate to contact your disciples or someone with more discipleship experience.
4. Share your vision plan with your disciple and begin to implement steps/assign homework.
 - a. Give them a vision of their life if they learn to treasure Christ, love the Church, and reach their neighbors with the Gospel.

As Christ's followers, we want our lives to reflect these four pillars, which are also the vision for The Field Church. We pray that you will focus on these four pillars as you utilize this tool to create a vision plan for your disciple.